



PEPPERMINT LEAF

Botanical Name: *Mentha piperita*

Common Name: *M. balsamea* Willd, Mint

Medicinal part: Leaf

Description: Peppermint is a hybrid cross between the watermint and spearmint plants. It has a long history of use as a remedy for indigestion, dating back to Ancient Egyptian times. Mint was so valued in Egypt that it was even used as a form of currency. In today's society, peppermint can be found in countless products, such as: candies, toothpaste, loose teas, skin care products and candles.



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